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Hint:

You will need to print out these resources single sided so you can cut out the continuum question and policy cards.



Children are more likely to be obese if one or both of their parents are obese. Because of this over weight people should be offered extra advice and support before they have children.

Pupil X is 14 and obese. They claim that they have tried dieting but it is too hard. They should now be able to have surgery to reduce the size of their stomach.

In 2008 a national newspaper reported that 7 children had been taken into care because they were dangerously obese. It is in the children's long term health interests to be placed in an environment where they can have a healthy lifestyle.

Schools have a responsibility to provide healthy meals for their students. Chips, pizza and other fatty foods should not be available even if students want them.

Children should be banned from leaving school grounds during lunch breaks. This would allow schools to control what they are eating and stop them from buying unhealthy snacks.

Adults who are overweight and unable to work should be offered help and advice to help them lose weight.

If they fail to follow this advice their benefits should be reduced or stopped.

The increasing weight of the population is not really a problem; it is simply hype from a media obsessed by skinny celebrities.

People should be free to choose how they live. We shouldn't discriminate against people who we define as 'overweight'.

The future health of the population is of vital importance. The government should fund extra-curricular sports and activities for all children no matter the cost to the tax-payer.

In a study conducted by Newcastle University many parents failed to recognise that their child was overweight or obese.

Parents should be given more information on how to keep their children healthy.

One of the main causes of the rise of obesity is the sedentary lifestyle that many people now live.

To help combat this office-workers should be encouraged to take part in 'exercise' periods during the day.

Students should not be allowed off school property at lunch time, to ensure they can't access fast food outlets

**Cost: £5m
(To pay staff to enforce policy)**

Health checks and advice should be freely available in schools for all students and parents

**Cost: £10m
(To provide staff and equipment)**

Students should learn to prepare a healthy diet. Home economics should be a compulsory part of the curriculum

**Cost: £10m
(To provide staff and facilities)**

Companies should be funded to develop healthy foods that children want to eat and that satisfy their desire for sweet snacks

**Cost: £20m
(For research)**

Obese and overweight individuals who follow a set health plan and lose weight should be rewarded with money, vouchers to spend etc

**Cost: £10m
(To pay rewards and administer)**

All pupils should have access to free or cheap after school and weekend sporting activity

**Cost: £10m
(To provide staff and equipment)**

Local authorities should pay for all children to have free, healthy school lunches

**Cost: £20m
(To provide lunches)**

All students must eat school lunches to ensure they are getting a healthy diet

**Cost: £5m
(Staff to enforce policy)**

Poor taste



Continuum end cards – print out and cut out

Agree

Disagree

